

## Positive Alternatives 2017-19 Quarterly Update

**Grantee:** Helping Hand Pregnancy Center, Worthington

**Contact:** Susan Voehl RN ED

**Phone and Email:** 507-372-2111    svoehl@frontier.com

**Goal:** Support, encourage and assist women in carrying their pregnancies to term and caring for the baby until they're one-year-old.

**For the period/quarter:** July 1 - Sept 30, 2017; Qtr. 5.

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
<b>Administrative Activities</b>	Hiring, Orientation, Volunteer Coordination, Staff Assessment and all administrative duties.		We have a new custodian that has completed orientation. Many administrative duties were fulfilled as we resumed our services at the MN West Community College and started our new school year outreach.	
<b>Outreach</b>	Multimedia Advertising, Publicity, Community Education, Fairs, Parades, Professional Meetings, Networking activities.  All are intended to increase the amount of services provided to at risk clients.		Outreach is an important part of enrolling at-risk clients and we had an interactive booth for 4 full days at the Nobles County Fair, entitled, "Relax and Recharge". We are happy to resume our regular office hours at the local college and providing Positive Alternatives to abortion to students.	
<b>Case Management Services</b>	Provide all clients with periodic risk assessment and mentoring regarding progress in securing pregnancy and parenting support services. This will include use of the Necessary Services Tool, Adverse	200	Our clients have a lot of challenges in the areas of Physical, Mental, Social and Spiritual Health that affect their parenting and family life. They appreciate referrals to necessary services.	216

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	<p>Health Concerns Checklist, Networking, and client interviews.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>			
<b>Interpreter Services</b>	Our bilingual employee will provide Spanish language Services as needed.	34	Our bilingual services are a necessary part of providing quality care for the clients in our diverse community.	239
<b>Life-Skills Education Program</b>	<p>Increase knowledge and skills to overcome mental, emotional, and social obstacles to successful parenting and co-parenting. Provide Life Skills Education which may include units such as “Ready for Relationships”, “Discipline with Love and Logic”, “Magic 1-2-3”, money management, conflict resolution, stress management, and overcoming Habits and Hang-ups.</p> <p>Provide car seats, pack n’ plays, other incentives, materials for documenting family life experiences (workbooks, journaling, photos and scrapbooking).</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	125	Our Life-Skills Program is often appropriately referred to as our “Building Stable Families Program”, as there is content that is helpful for every client enrolled. We are careful to update materials as evidence-based parenting recommendations change.	155

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<b>Parenting Education</b>	<p>Special outreach to women 20-24 yrs.</p> <p>Provide full list of education options covering all trimesters; Increase basic knowledge and skills for all enrolled parents of infants in a class series of Birth to 12 months. This includes Nutrition (infant &amp; adult) Safe Sleep, Car Seat Safety and car seat installation/inspection under the direction of a Child Passenger Seat Practitioner or Technician.</p> <p>Provide incentives such as: prenatal vitamins, car seats, pack n' plays, incentives and materials for documenting parenting experiences (journaling, photos, scrapbooking).</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	314	Parenting educations that covers the basics of pregnancy, childbirth, newborn & infant care is always important for our highest risk women. It is very enjoyable to see these moms and babies weekly and watch how the babies grow & develop physically and their parent-child bond deepens!	425
<b>Pregnancy Education</b>	Provide full list of education options covering all trimesters; offer incentives and a one-month supply non-prescription Prenatal Vitamins for enrolled clients of all ages; special outreach to women 20-24.	152	We have received feedback from the OB Nurses that our clients are knowledgeable and well prepared for Labor and Delivery!	188

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	Provide clients, their child, and their significant other RT Taxi / transportation for attendance.  Provide clients, their child, and their significant other RT Taxi / transportation for attendance.			
<b>Provide Necessary Services to all clients</b>	Provide intake assessment to determine need, including assessment of program eligibility using self-administered Pregnancy Testing. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	44	Most of our clients need referral for medical and dental care, and they are unsatisfied with their housing situation.	85
<b>Provide Necessary Services Assessments Only</b>	Provide intake assessment to determine need, including assessment of program eligibility using self-administered Pregnancy Testing. Provide women with information on, referral to and assistance with securing pregnancy support services.	2	We are always hopeful that clients will enroll in weekly appointments as soon as they're able.	4

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	Utilize resource database to provide information and make referrals.			

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	12
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	47
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	72
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	63
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	6
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	63

**Challenges:**

**Comments:**